



Agora Counselor Corner

Middle School Guidance

Quarter 1- Fall 2020

QUARTER 1 NEWSLETTER 2020-2021



MEET THE MIDDLE SCHOOL COUNSELORS!

<https://agora.org/elementarymiddle/>



Mrs. Amy Shehan

6th Grade Students Last Name A-K

7th Grade Students Last Name E-K

E-mail: ashehan@agoracyber.net

Office Phone: 610-230-3303



Mrs. Whitney Patterson

6th Grade Students Last Name L-Z

7th Grade Students Last Name L-R

E-mail: whpatterson@agoracyber.net

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Mrs. Fallon Nicholas

7th Grade Students Last Name A-D

8th Grade Students Last Name A-K

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Mrs. Lauren Stenson

7th Grade Students Last Name S-Z

8th Grade Students Last Name L-Z

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MIDDLE SCHOOL PROMOTION CRITERIA:

In order to pass the school year, a student must pass at least 3 out of 4 core courses with a cumulative (average) final grade of a 60%-D or higher to be promoted to the next grade level. Final grades and final report cards are the average of Semester 1 and Semester 2 grades. The end of quarter 1 is November 5th. There will be quarterly progress reports posted in Tyler. It is very important you try your best and pass all courses the ENTIRE school year!



Each semester you have the opportunity to achieve HONOR ROLL! A student must earn a 3.0 GPA, or "B" or higher in each main subject (Math, English, Science, History) at the end of each semester.

MIDDLE SCHOOL GUIDANCE ASSEMBLIES



The school counselors will be providing Guidance Assembly recordings and resources during Semester 1 to students via e-mail. We hope to resume live guidance assemblies in Semester 2.

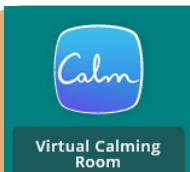
October Guidance Assembly: "Study Skills & Organization" Please listen to the recording and complete the exit ticket by **Friday November, 13th.**

Recording:

<https://sas.illuminate.com/site/external/jwsdetect/playback.jnlp?psid=2020-10-30.1027.M.AE4296717B3837B24F8DE14845B2D0.vcr&sid=559>

Exit Ticket: <https://forms.gle/LmUe4iZmcEdEsduW9>

More guidance topics will include: Coping Skills & Stress Management, Kindness & Diversity, Career Exploration, Internet Safety, Self-Esteem & Growth Mindset, Helping Others and more!



Agora Virtual Calming Room

We are very excited to share a wonderful new resource that can provide support and resources to students: **The Agora Virtual Calming Room!** It can be accessed through an app on your ClassLink (pictured above).

The Virtual Calming Room includes Hotline/Resources, Calm & Mindfulness, Guided Meditation, Sounds & Music, Puzzles/Games/Coloring, and Live Animal Cams! Check it out!

COVID-19 SUPPORT & RESOURCES

We hope you are doing well both physically and mentally with the current pandemic. Agora has created a webpage that provides information, updates, & resources that provides answers to your frequently asked questions along with helpful websites: <https://agora.org/agora-covid-19-updates/>

We understand that many families may have their other children/siblings at home at this time, which may be causing additional stress and distractions from your schooling at Agora. A handout titled **"Stay-At-Home Care Package"** is attached to this e-mail for ideas and activities to help you manage this "new norm" at home. Self-care is also very important and a handout titled **"85 Self-Care Activities for Teens"** is also attached to this e-mail.

Resources & Support:

If you need assistance like food or other essentials, please contact your family coach, school counselor or visit the United Way - <http://211.org/>

If you need to speak anonymously to a crisis counselor 24/7 contact the **Crisis Text Line** - <https://www.crisistextline.org/>

Crisis Text Line: Text "PA" to 741741

If you have questions or need any additional support & resources, please reach out to your school counselor.

NATIONAL RED RIBBON WEEK 2020



Red Ribbon Week 2020 was recognized October 23-31, but every day is important to be happy, be brave and be drug free!

We had 137 middle school students sign the Agora Pledge to be Drug Free and you still can if you haven't already!

Please sign the pledge here:

<https://forms.gle/BFFwNBgyM7Xt6iFN7>

Middle School Club Information- GET INVOLVED!

➤ **Agora Middle School Clubs:**

<https://agora.org/middle-school-clubs/>

➤ **K12 Virtual Clubs (TBD not posted yet):**

<http://www.k12.com/k12-student-clubs.html>

Click on the above link and follow the instructions to sign up for a virtual club on your interest for your grade level. You will receive an email from K12 once you are enrolled. This is optional and is offered through K12 and not managed by Agora staff.

**If the club class time conflicts with your required class time, please attend your required class since required courses count towards your daily attendance.*

TECHNICAL SUPPORT:

Are you having tech issues with ClassLink or Tyler?

Agora Technical Support:

Phone: 844-507-8233 (Option 2 or Option 3)

Email*: support@agora.org

Web*: <https://support.agora.org>

Hours of Operation: Monday-Friday: 7:30am-4:00 pm

Support with K12 systems (PEAK, OMHS, OLS):

Including log in help, requesting shipping labels, computer hardware, or course materials:

Call K12 support: 855-412-3712

Hours of Operation

Monday – Friday 8:00 A.M. – 11:59 P.M. EST

Saturday and Sunday 12:00 P.M. – 8:00 P.M. EST

Web: <https://www.help.k12.com/s/article/The-Agora-Support-Corner>

CHAT Is Now Available For K12 Student

Technical Support. You now have the option to chat with a live support agent for K12 Technical Support.

Chat is located on the right-hand side of the K12 support page Agora K12 Technical Support

24/7 Hotline Numbers for Immediate Support:

National Suicide Prevention Line: 800-273-8255

<https://suicidepreventionlifeline.org/>

<http://www.suicide.org/hotlines/pennsylvania-suicide-hotlines.html>

Crisis Text Line: Text HOME to 741 741

Teen-to-Teen Crisis Hotline: 310-855-4673

TREVOR Project: 866-488-7386

Trans Lifeline: 877-565-8860

SAFE2SAY Something: 1-844-723-2729

www.safe2saypa.org

Anonymous Tip Line to report anyone who could be a threat to themselves or someone else.